

Price List Cont.

	Time (approx)	Member	Non Member
Hair Removal & Waxing			
Full Leg & Bikini	1hr	£27.00	£30.00
Full Leg	45mins	£23.00	£26.00
3/4 Leg	30mins	£19.00	£22.00
Ankle to Knee	30mins	£15.00	£18.00
Full Arm	30mins	£15.00	£18.00
Forearm	15mins	£10.00	£12.00
Under Arm	15mins	£8.00	£9.00
Eyebrow	15mins	£8.00	£9.00
Bikini (<i>basic tidy up</i>)	15mins	£8.00	£9.00
Lip or Chin	15mins	£8.00	£9.00
Lip & Chin	15mins	£14.00	£16.00
Advanced Bikini			
Brazilian (<i>thin vertical strip</i>)	20mins	£15.00	£17.00
Playboy (<i>narrow strip top only</i>)	20mins	£20.00	£22.00
Hollywood (<i>all gone</i>)	20mins	£25.00	£28.00
<i>*N.B. No Heat Treatments 24 hours Prior to Waxing</i>			
Men's Programme			
Clarins Tailored for Men	1hr 15mins	£40.00	£45.00
Clarins Muscle Ease Massage	1hr	£35.00	£40.00
Clarins Skin Blitz Facial	1hr	£30.00	£35.00
Clarins Energising Back, Neck & Shoulder Massage	45mins	£30.00	£35.00
Skin Care Maintenance Programme	45mins	£30.00	£35.00
Aroma Foot Pedicure	45mins	£30.00	£35.00
Back, Neck & Scalp Treatment	45mins	£30.00	£35.00
Chest Waxing	30mins	£17.00	£19.00
Back Waxing	30mins	£17.00	£19.00
Tanning			
Clarins Self Tanning Treatment*	1hr	£32.00	£35.00
Clarins Body (<i>half</i>)*	30mins	£20.00	£22.00
St Tropez (<i>full body</i>)*	1hr	£32.00	£35.00
St. Tropez (<i>half body</i>)*	30mins	£20.00	£22.00
<i>*(Patch test is advisable before tanning treatments)</i>			
Make-Up			
Bridal Make-Up (<i>including trial</i>)	1hr	£45.00	£50.00
Make-Up Lesson	1hr	£35.00	£40.00
Day/Evening Make-Up	45mins	£22.00	£25.00
Spa Days			
Options' Day* (<i>select 2 of the following</i>) Back, Neck and Shoulder Massage • Deep Cleansing Facial • Jessica Manicure • Jessica Pedicure. 1hr 15mins £65.00			
Pamper Me* Hot Stone Back, Neck and Shoulder Massage • Deep Cleansing Facial File & Polish. 1hr 30mins £75.00			
Spa Experience* Aromatherapy Back, Neck & Shoulder Massage • Deep Cleansing Facial Manicure or Pedicure or Make-over. 2hrs £85.00			
Clarins Spa Day* Clarins Personal Blend Facial • Clarins Pro-Active Body Polish Touch of Colour (<i>make-up</i>). 2hrs 15mins £95.00			
Bare Necessities ½ Leg Wax, Bikini Wax, Eyebrow Shape & Tint and Eyelash Tint 45mins £40.00			

**Includes light lunch and use of our facilities plus complimentary towels and toiletries.*

*Please Note · We are open to non-members · Gift vouchers are available from reception
All courses are valid for 6 months · A 50% cancellation charge will apply if notice is
given less than 24 hours in advance · Products used in treatment are available for home
purchase · A 50% deposit is required for treatments over 2 hours · A 50% deposit is
required for all Treatment Days.*



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Just close your eyes and relax...

Tri Health  Beauty

Clarins Pro-Active Facial (Hydrating, Energizing or Age Defying)

Pro-Active facials fuel the skin with an intensive concentrate of active plant extracts and aromatic oils which offer the skin the equivalent of seven days treatment in one single application.

To heighten activity of these professional products, the clarins experts have developed a series of specific massage movements for the pro-active range. Taking skin care to a new realm. Luxurious treatment with remarkable results.

Clarins Personal Blend Facial

A classic facial customised by your therapist to restore your skin to a perfect state of balance. Deeply relaxing massage using plant-based creams and oils that can soothe sensitivity, replenish youthful firmness or clear congestion and blemishes.

Clarins Deep Cleansing Facial

Deep cleanses and exfoliates the skin. Includes a face, neck and shoulder massage followed by a mask.

Men's Skin Care Maintenance Programme

A treatment designed for men, to deep cleanse and soothe the skin.

Particularly suitable for shaving irritation. A perfect compliment to your shaving routine.

Collagen Velvet Facial

Intensive treatment for moisture deficiency, fine lines and wrinkles ideal for sun damage and dehydrated skin, incorporating pure native collagen for instantly noticeable results.

Make-Up/Make-Up Lesson

Application of day/evening make-up, giving you the confidence to always look your best.

Clarins Pro-Active Body (Renewing, Firming or Redefining)

Pro-Active Body fuel the skin with an intensive concentrate of active plant extracts and aromatic oils which offer the skin the equivalent of seven days treatment in one single application.

Pro-Active Body polish

Most intensive method of Body exfoliation using professional Pro-Active products for a deeper exfoliation and a more intensive skin softness and re-hydration skin is left soft, smooth and silky.

Clarins Mother To Be

Ideal from 3 months onwards, this combined facial and body treatment will soothe and condition your skin to leave you relaxed and refreshed.

Reconditioning Back, Neck & Scalp Massage

Ideal post exercise treatment, a pick me up for stress, tension and anxiety restoring balance to mind and body.

Clarins Tanning

For a light to medium skin tone. This tan will leave skin with a sun kissed glow.

St Tropez Tanning

For a medium to darker skin tone. This is used to achieve dark bronzed results.

EYE AND NECK CARE Hollywood Lashes

Get the Hollywood look! Add volume and length to your eyelashes with the hottest extensions around. No need for curling and they are water resistant.

Eyelash Tint

A water resistant and semi-permanent alternative to mascara. Ideal for contact lens wearers. (A skin test is required 24 hours in advance which is free of charge.)

Collagen Eye Treatment

An intensive treatment for fine lines, crows feet and dehydration of the delicate eye area

ANTI-STRESS CARE Hot Stone Treatments

A relaxing heat treatment using warm stones to sooth away stress and tension.

Hot Stone Combo

Using both hot stones and aromatherapy massage this intensive back massage will relieve and relax back ache and distress to the highest level.

Swedish Massage

A traditional massage to alleviate muscular tension.

Aromatherapy Full Body Massage/ Back Massage

The relaxing and effective antidote to stress uses a combination of deep relaxing massage with the therapeutic effect of pure essential oils.

Indian Head Massage

This treatment will soothe away stress and tension leaving you feeling refreshed, relaxed and with a renewed clarity of mind.

JESSICA HAND & FOOT CARE Manicure

A specialist prescription treatment to enhance your nails and take care of your cuticles. The treatment includes filing and trimming of the nails as well as a relaxing hand and arm massage, followed by a nail paint rich in vitamins A, D and E.

Deluxe Manicure

For dry dehydrated hands and nails. Hands and nails are covered in rich cream before being placed into heated mittens to re-moisturise and soften the skin. Followed by a full Jessica manicure.

Aroma Foot Therapy Pedicure

A complete foot treatment including trimming and filing of nails, removal of excess hard skin with relaxing foot massage, followed by an optional nail paint with vitamins A, D and E.

Minx Nails

Extend fashion to fingertips and stand out from the crowd. Minx nails do not chip or smudge and come in a variety of designs and colours.

Waxing

A temporary method of hair removal which is quick, effective, relatively pain free and has superb long lasting effects for between 4-6 weeks.

Advanced Waxing

Method of hair removal used in bikini area to offer a more thorough wax.

A 50% cancellation charge will apply if notice is given less than 24 hours in advance.

Price List

Clarins Pro-Active Facials

Youth Booster Facial (<i>mature skin</i>)	1hr 30mins	£55.00	£60.00
Skin Firmer Facial (<i>age defiance</i>)	1hr 30mins	£55.00	£60.00
Radiance Ritual (<i>vitality boost</i>)	1hr 30mins	£55.00	£60.00
Thirsty Skin Soother	1hr 30mins	£55.00	£60.00

Clarins Pro-Active Body

Figure Shaper	1hr 30mins	£55.00	£60.00
Intensive Body Firmer	1hr 30mins	£55.00	£60.00
Anti-Age Special	1hr 30mins	£55.00	£60.00
Super Hydrator	1hr 30mins	£55.00	£60.00

Clarins Body Care

Clarins Pro-Active Body	1hr 30mins	£55.00	£60.00
Clarins Mother To Be	1hr 15mins	£40.00	£45.00
Clarins Prescription Body Treatment	1hr	£35.00	£40.00
Clarins Pro-Active Body Polish	30mins	£20.00	£22.00

Clarins Facials

Spa Luxury Facial (Includes Hot Stone Hand, Arm & Foot Massage)	1hr	£45.00	£50.00
Clarins Personal Blend Facial	1hr	£35.00	£40.00
Clarins Deep Cleansing Facial	45mins	£30.00	£35.00

Eye Care

Hollywood Lashes*	1hr 30mins	£55.00	£60.00
Eyelash Tint*	30mins	£15.00	£17.00
Eyelash & Brow Tint*	30mins	£19.00	£21.00
Eyelash Extension	15mins	£13.00	£15.00
Eyebrow Tint*	15mins	£8.00	£9.00
Eyebrow Shape	15mins	£8.00	£9.00

*Patch test required 24 hours in advance

Hot Stone Therapy

Aromatherapy Back Massage & Hot Stone Therapy Treatment Combo	1hr	£45.00	£50.00
Basic Body	1hr	£45.00	£50.00
Back, Neck and Shoulder	30mins	£30.00	£35.00

Anti-Stress Care

Aromatherapy Full Body Massage	1hr 15mins	£40.00	£45.00
Swedish Full Body Massage	1hr	£35.00	£40.00
Reflexology	45mins	£30.00	£35.00
Indian Head Massage	45mins	£30.00	£35.00
Aromatherapy Back Massage	30mins	£27.00	£30.00
Back, Neck & Shoulder Massage	30mins	£23.00	£26.00
Leg Massage	30mins	£23.00	£26.00

Hand & Foot Care

Deluxe Aroma Foot Pedicure	1hr 15mins	£35.00	£38.00
Aroma Foot Therapy Pedicure	1hr	£30.00	£35.00
French Manicure	45mins	£25.00	£28.00
Jessica Deluxe Manicure (<i>Inc La Remedi Hand Treatment</i>)	1hr	£30.00	£35.00
Jessica Manicure	45mins	£25.00	£28.00
Jessica Re-Varnish	30mins	£15.00	£18.00
Paraffin Wax Manicure or Pedicure	45mins	£30.00	£35.00
Paraffin Wax Back Care Treatment	30mins	£27.00	£30.00
Minx Nails, Hands or Feet	45mins	£20.00	£22.00
Minx Nails, Hands & Feet	1hr 15mins	£35.00	£40.00